

COVID-19 TESTING

Baylor College of Medicine Patient Discharge Initiative
April 17, 2020

Harris County Procedures

Step 1	Step 2	Step 3
<ol style="list-style-type: none"> 1. Take the Houston and Harris County Public Health self-assessment tool here to see if you qualify for testing. 2. If you are deemed "at risk" after taking this survey, you will receive a code and phone number to call. 	<ol style="list-style-type: none"> 1. Call the number and complete the phone consultation. 2. If you are deemed "at risk" after this call, you will be given another code and information about where to get your first test. 	<ol style="list-style-type: none"> 1. Proceed to the testing facility at your scheduled time. Bring any photo ID and other information required <p>Transportation Help: General Transportation Help Document</p>

Additional Screening Tools

Apple COVID-19 Screening Tool

Click [here](#) to take the screening tool that can give you an idea about possible next steps.

CDC Symptom Self-Checker

Click [here](#) to check your symptoms.

Symptoms of Coronavirus (COVID-19)

Your symptoms can include the following:

- Fever**
- Cough**
- Shortness of breath**

If you have COVID-19, you may have mild (or no symptoms) to severe illness. Symptoms can appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical attention immediately if you or someone you love has **emergency warning signs**, including:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or not able to be woken
- Bluish lips or face

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.

- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Avoid touching your eyes, nose, and mouth.
- When in public, wear a cloth face covering over your nose and mouth.
- Wash your hands often with soap and water for at least 20 seconds.
- Stay home when you are sick, except to get medical care.

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Adapted from the CDC. More information [here](#).